

EGUSD Protocol for Extra/Co-Curricular Activities and Events Plans for Summer 2020

In collaboration with Tami Elmatari (District Health Coordinator), Manuel Azevedo (Maintenance/Facilities), and the Extra/Co-Curricular Tactical Team, we have put into place a timeline, guidelines (which fall within meet CDC guidelines), and steps for extra/co-curricular programs complete in order to ensure safety during the summer of 2020 and beyond.

Timeline

Week of June 15: Gain cabinet approval for plan to adhere to Phase 1 guidelines, submit plan to Sacramento County Public Health for approval, inform site administrators and schedule trainings for staff, and send out messages regarding upcoming plans for parents.

Week of June 15 - ongoing: Train staff, develop site and program-specific plans for approval, and sites develop schedules for facilities.

June 29: Begin Phase 1 implementation for extra/co-curricular activities.

Ongoing: Review and monitor phased implementation with administrators and staff; continue to follow and adhere to guidelines from Sacramento County Public Health.

In order for programs to be ready to start:

1. Site program staff must have attended district training (via Zoom).
2. Each program (lead staff member) must devise a plan which should include disinfecting and cleaning procedures and responsibilities, signage, and a plan on what the activities on sites will look like (times, sessions, locations, drop off and pick up sites, etc.)
3. Infrared Thermometer (touchless) available (program responsibility).
4. Hand sanitizer pump or spray available and plentiful for students to use (program responsibility).
5. Post student participant protocol guidelines at each facility and gather student/parent agreement to uphold guidelines.
6. Individuals must bring their own hydration bottles not to be shared with others.
7. Program staff will maintain pre-screening spreadsheet for student participants daily.

Site Administration support:

1. Principals must approve individual program plans to participate and use specific areas of the facilities to practice/engage in activity. Additional support will be provided by Secondary Education.
2. Custodial schedule in place to ensure appropriate cleaning of restrooms/facilities.
3. Monitoring schedule by program staff and site administration to supervise and ensure safety and guidelines are being followed.

4. If programs and participants do not follow plans and safety guidelines, participation will be stopped.

5. Sites will ensure that students and families who choose not to participate until all COVID-19 restrictions are lifted will be held harmless.

Specific guidelines that pertain to each phase of activity:

Phase	Specific Guidelines
1	<ul style="list-style-type: none"> • No gatherings of more than 10 people at a time (inside or outside). • Locker rooms may NOT be utilized. • There must be a minimum of 6 feet of distance between all individuals at all times. If this is not possible indoors, then the maximum number of individuals in the room must be decreased until proper social distancing can occur. • Cloth face coverings are to be worn by all individuals (in keeping with current public health recommendations). • Vulnerable individuals should not participate in activities. • No indoor group or ensemble singing, until tested mitigation techniques are proven effective. • Events and field trips are suspended.
2	<ul style="list-style-type: none"> • In order to move from Phase 1 to Phase 2, you must receive approval from site administration and Secondary Education. • No inside gatherings of more than 10 people at a time. • Up to 50 individuals may gather outdoors for activities. • If locker rooms or meeting rooms are used, there must be a minimum distance of 6 feet between all individuals at all times. • Cloth face coverings are to be worn by all individuals (in keeping with current public health recommendations). • No indoor group or ensemble singing, until tested mitigation techniques are proven effective. • Approval needed from Secondary Education for events or field trips.
3	<ul style="list-style-type: none"> • In order to progress from Phase 2 to Phase 3, you must receive approval from site administration and Secondary Education. • Gathering sizes up to 50 individuals, indoors or outdoors. • When not directly participating in activities or contests, care should be taken to maintain a minimum distance of 3 to 6 feet between all individuals. Consider using tape or paint as a guide for students and staff members. • Vulnerable individuals can resume public interactions, but should practice physical distancing, minimizing exposure to social settings where distancing may not be practical, unless precautionary measures are observed. • No indoor group or ensemble singing, until tested mitigation techniques are proven effective. • Approval needed from Secondary Education for events and field trips.
4	<ul style="list-style-type: none"> • In order to progress from Phase 3 to Phase 4, all COVID-19 restrictions would be removed. • Return to full participation in all activities.

The below guidelines apply to ALL phases of activity (Phases 1 - 4)

Pre-Participation Screening:

All program staff and students will be screened for signs/symptoms of COVID-19 prior to an activity session. Screening includes a temperature check. Responses to screening questions for each person should be recorded and stored so that there is a record of everyone present in case a student develops COVID-19 (see Appendix I for sample Monitoring Form).

- Any person with positive symptoms reported will not be allowed to take part in activities and should contact his or her primary care provider or other appropriate health-care professional.
- Anyone who has had a fever or cold symptoms in the previous 72 hours should not be allowed to take part in activities and should contact his or her primary care provider or other appropriate health care professional.

No student shall be penalized for not participating due to concerns regarding COVID-19.

Limitations on Gatherings:

Activity sessions must be conducted in “pods” of students with the same 5-10 students always together. This ensures more limited exposure if someone develops an infection.

Facilities Cleaning and Hygiene Requirements:

Adequate cleaning schedules must be created and implemented for all facilities to mitigate any communicable diseases.

Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, equipment, bathrooms, training room tables, etc.)

Students should report to activity sessions in proper gear that has been cleaned.

Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in activities.

Frequent hand washing before, during, and after activity is actively promoted.

Hand sanitizer should be available to individuals as they move from place to place.

Equipment should be wiped down thoroughly before and after an individual’s use of equipment.

Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.

Any equipment having holes with exposed foam should be covered.

Students should shower and wash their clothing immediately upon returning to home.

Physical Activity and Equipment:

There should be no shared equipment (towels, clothing, shoes, or other activity-specific equipment) between students.

Students should wear their own appropriate clothing (do not share clothing). Individual clothing/towels should be washed and cleaned after every session.

All equipment should be cleaned after each use and prior to the next session.

Individual drills/activities requiring the use of equipment are permissible, but the equipment should be cleaned prior to use by the next individual.

Examples:

A band student can play his/her instrument, but the student should not share the instrument with other students.

A dance student may practice without touching other teammates (dancing without contact is permissible).

Choir and drama students should maintain the recommended six feet of distancing between individuals when practicing/performing. (Please see note regarding indoor choir in specific guidelines above)

Hydration:

All students shall bring their own water bottle. Water bottles must not be shared. Hydration stations (water cows, water trough, water fountains, etc.) will not be utilized.

Other factors to consider:

Transportation to events

Schools must consider social distancing requirements when scheduling events for the fall. Social distancing (as required by state or local health department) will need to be maintained on buses/vans. Thus, multiple buses/vans and/or parental/guardian transportation will likely be needed.

Backstage and Costume/Make-up Rooms

The use of these facilities are prohibited during Phase 1, 2, and 3 due to difficulties in maintaining proper social distancing.

Other groups:

Other groups of people will be organized into tiers from essential to non-essential and COVID-19 guidelines will decide which tiers will be allowed at an event:

1. Tier 1 (Essential): Student participants, program staff, officials, event staff, medical staff, and security

